

About Us

The Center for Counseling and Psychological Services (CCPS) has provided psychological care for the greater Kalamazoo area for over 25 years. As units of the Department of Counselor Education and Counseling Psychology, low-cost counseling and psychological services are offered at both the Western Michigan University campus in Kalamazoo and in downtown Grand Rapids.

The Center for Counseling and Psychological Services (CCPS) serves as a training facility for graduate students obtaining advanced degrees in the Counselor Education Program and Counseling Psychology Program at Western Michigan University (WMU). Under the direct supervision of faculty instructors, who are fully licensed professional counselors and psychologists, graduate student counselors offer free counseling services to WMU students and low-cost counseling services to members of the local community.



Individual Counseling

Couples Counseling

Family Counseling

Career Counseling

Group Counseling

Psychological Testing



Kalamazoo: (269) 387-5105



Grand Rapids: (616) 771-4171

*Clinical hours vary by semester.
Please call for current hours.*

Two locations!

For the convenience of WMU students and the local community, CCPS has two locations in West Michigan.



Kalamazoo – WMU Main Campus

Dr. LaCretisha McDole, Director
(269) 387-5105 | 3341 Sangren Hall, Kalamazoo, MI

Grand Rapids – WMU Graduate Center

Dr. Eric Sauer, Director
(616) 771-4171 | 200 Ionia SW, Grand Rapids, MI

Metered parking is available at both locations.



 **WESTERN MICHIGAN UNIVERSITY**

CENTER FOR COUNSELING + PSYCHOLOGICAL SERVICES

*Providing psychological care to the
greater Kalamazoo and Grand
Rapids areas for over 25 years.*

wmich.edu/cecp/ccps



Our Services

All counseling sessions at CCPS are audio and digitally recorded to evaluate the student counselor's skills and to maximize the services clients receive. Client information is confidential at CCPS. All recordings of sessions are securely stored, deidentified, and deleted/destroyed at the end of each semester.

CCPS counselors offer help navigating:

- Feelings of stress, depression, anxiety, loneliness, or guilt
- Adjustments and life transitions
- Grief/Loss
- Relationships (e.g., family, friends, partners, roommates).
- Trauma
- Romantic or sexual concerns
- Identity development
- Self-esteem concerns
- Perfectionism

Group Counseling – Doctoral student led support groups provide an opportunity for participants to learn new skills, receive support, and share information and resources. Topics offered range from wellness, stress reduction, and emotional regulation.



Psychological Testing – CCPS Grand Rapids offer Attention-Deficit/Hyperactivity Disorder (ADHD) and Learning Disorder testing. Additional testing, such as mood and personality testing, may be offered as well.



**Available services vary each semester. Please call to learn about current service offerings.*

Affordable fees

As a nonprofit agency, fees at the CCPS are based on a sliding scale. Counseling services are offered at no cost to current WMU students. Fees for testing are market competitive. Call CCPS for more information.



Career Counseling

CCPS career counselors provide free career counseling to students, faculty, and staff at Western Michigan University. Career counseling can help individuals better understand their personality, interests, values, and skills so that they can make knowledgeable decisions while navigating their career.

Students may also opt to take the IMPACTeX Navigator career assessment for a \$20 fee.



Ryan Wright

As a counselor in training, the clinic provides me with a space to work with clients by understanding the concern, develop a treatment plan, implement an intervention, and assessing how effective that intervention is. Additionally, I have had the opportunity to provide services related to group counseling skills; for example co-leading with another member and helping people process interpersonal concerns, stress management concerns.

wmich.edu/cecp/ccps/career

